

STATE SENATOR • MARTHA G. SCOTT

Scott Press Release



P.O. Box 30036 • Lansing • Michigan • 48909-7536 • (517) 373-7748

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Contact: Senator Martha G. Scott
(517) 373-7748

SCOTT SPONSORS FREE HEALTH FAIR

Event Focuses on Obesity, Healthy Lifestyles

(LANSING) – Concerned about public health and the increasing size of Michiganders' waist lines, Sen. Martha G. Scott (D-Highland Park) will hold a free health fair in her district on Saturday, September 11, from 10 a.m. – 2 p.m. at the Samaritan Center in Detroit. Themed, "Good Food, Good Health, Good Life: Combating Obesity for a Healthy Tomorrow," the fair will feature Michigan Surgeon General, Dr. Kimberlydawn Wisdom.

A study released earlier this year by the Michigan Economic Development Corporation reported that Michigan residents smoke, eat and suffer from chronic diseases more than residents in 17 other states that participated in the inquiry. Experts concluded that an unhealthy Michigan correlates with rising health care costs.

"It is my hope that this health fair will inspire and encourage people to take charge of their lives by improving their diet and exercising regularly," Sen. Scott said. "It's imperative that each of us takes responsibility for our own well being and makes a serious commitment to lead a healthier lifestyle."

More than 30 vendors will be on hand to provide information on a wide array of health issues. Additionally, health care professionals will offer stroke risk assessments and on-site screening/testing of blood pressure, glucose levels and body mass index.

Fair attendees will also be treated to a light lunch, raffle drawing and complimentary gift bags. For further information contact Sen. Scott's office toll free at (800) 726-8878.

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Senator Scott represents the 2nd Senate District, which includes areas of Detroit and the cities of Hamtramck, Harper Woods, Highland Park and all of the Grosse Pointes. She serves on the Senate Appropriations Committee.